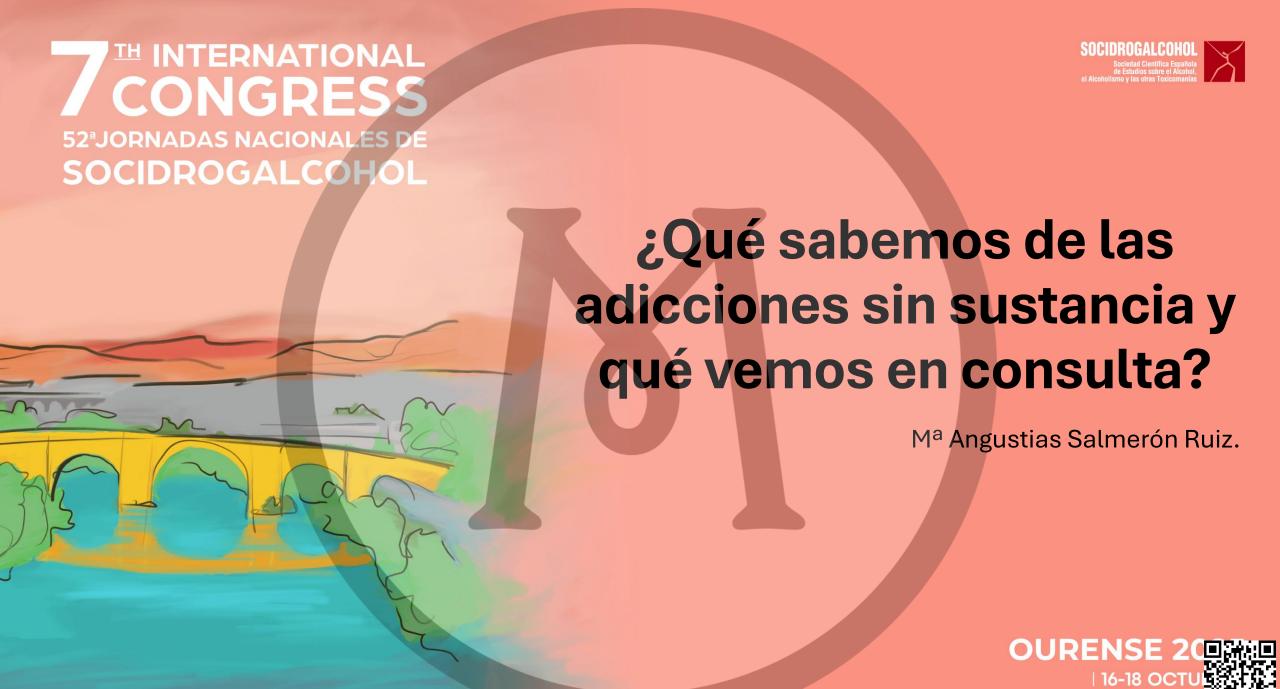


# RECONOCE LA AUTORÍA, SI COMPARTES POR FAVOR CÍTAME. PUEDES CONTACTAR CONMIGO EN

https://beacons.ai/mariaangustiassalmeron

CITA Salmerón Ruiz Mª Angustias. V jornadas de redes sociales y adolescencia. 7th International Congress. 52 Jornadas nacionales de Socidrogalcohol. 2025









Medicina de la adolescencia



¿Qué vemos en la consulta?



Conclusiones



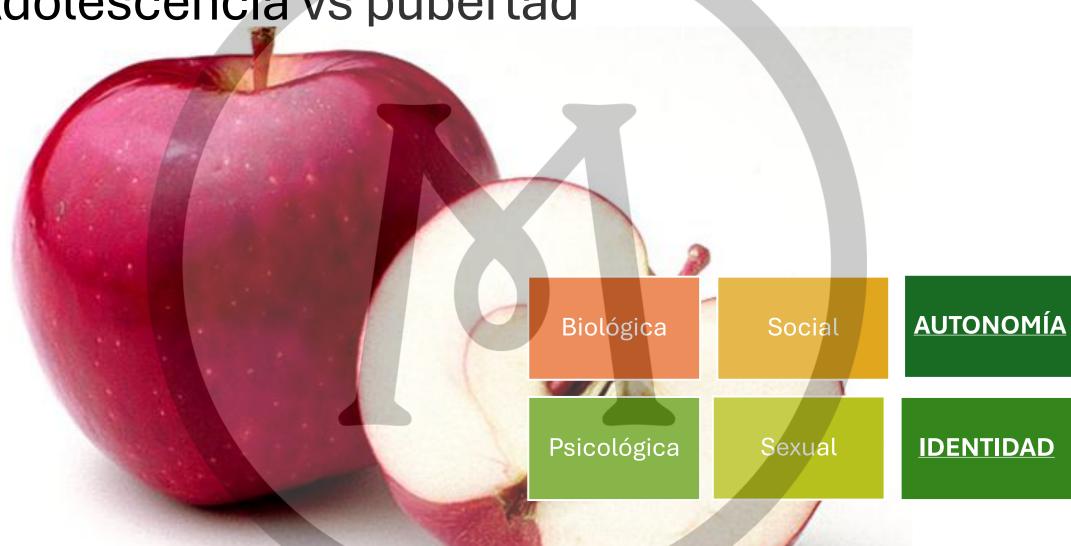


## Medicina de la adolescencia

"Eres una especie de psicólogo, que me explora, me pesa y con el que se puede hablar de todo y no se lo cuentas a mi madre"



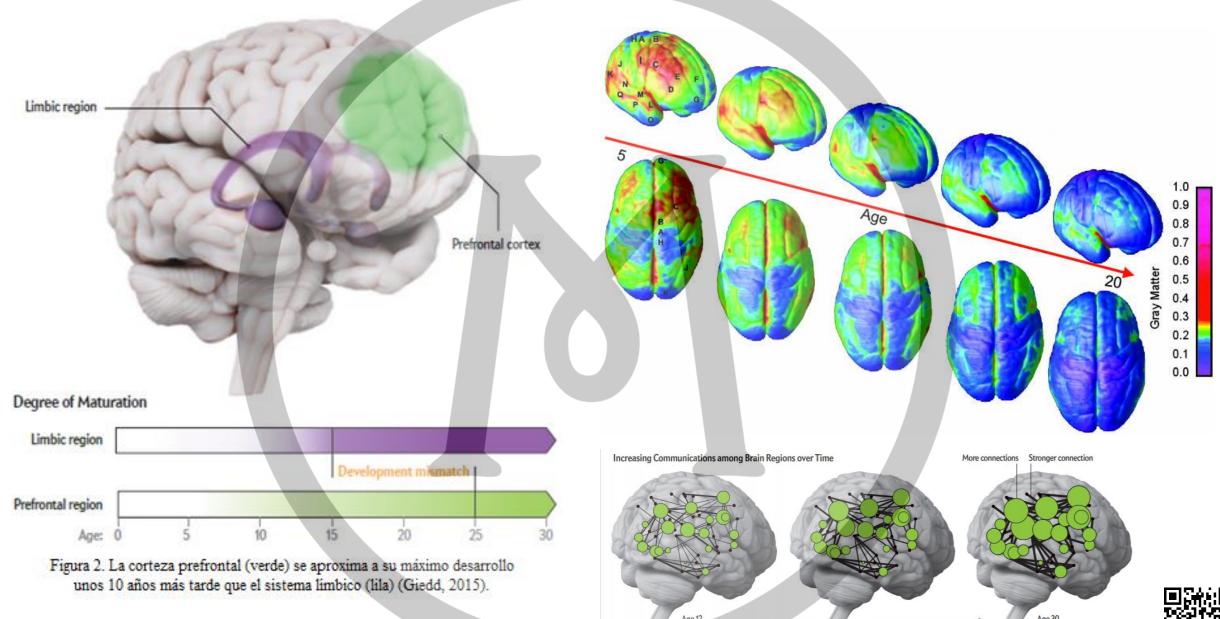




MI MAMÁ YA NO ES PEDIATRA







(Giedd JN, 2015)

MI MAMÁ YA NO ES PEDIATRA









Prevención

Detección

Abordaje

Multisistémico

Valoración

Diagnóstico

Tratamiento

¿Derivación?

# SICO

Bienestar emocional

Valoración

Ayuda

¿Dx, TTO?

Derivación

# Social

Bienestar social

**Escolar y Familiar** 

**Relaciones sociales** 

**TICs** 

Ocio



MI MAMÁ YA NO ES PEDIATRA



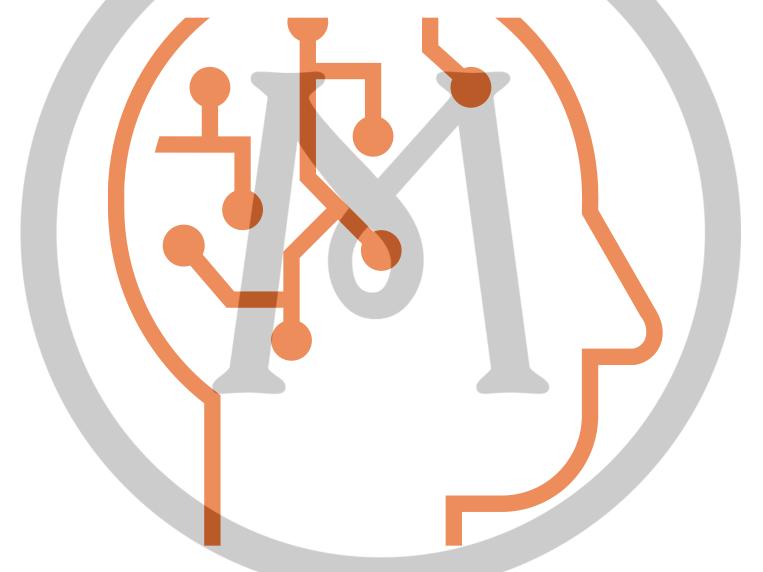


# ¿Qué vemos en consulta?

La realidad supera a la ficción.



### ¿Cómo se diseñan los servicios digitales?









Desplazan hábitos de vida saludables Sueño

Alimentación

Ejercicio

Relaciones sociales significativas

Contacto con la naturaleza



Gratificación inmediata







**Roblox** 









### ■ INTERNATIONAL

64-73

### 77-81

- Isolation via GAI Interaction
- Social Skill Atrophy
- Stigma and Damage to Self-Esteem
- Negative Impacts on Brain Development
- Exploitation of Developmental Vulnerability

### 4-7

- · Racially Biased Content
- Biased Ethnic Content
- Biased Gender Content
- Inadequate Skin Tone Diversity

GAI System

Toxic Content

Generation

(8-11)

Simulated

Toxic

Interaction

(12-21)

### 1-3

Toxicity

(system cause

harm)

Hateful/Discriminatory Speech

Youth GAI

Risk

Tax**on**omy

- Extremist Content
- Racist Content Inclusion

### 82-84

- Low-quality Content for Child Audience
- Inappropriate Targeting of Teenagers
- Unauthorized Use of Protected Child IP

### 74-76

Normalization of Drug Use

Encouraging Rule-breaking

Normalization of Insults

**Encouraging Unhealthy Behaviors** 

Undue Nudging of Decisions/Beliefs

- Disregarding Implicit Rejection
- Disregarding Explicit Rejection

Normalization of Unethical Relationship Dynamics

Promotion of Deceptive/Manipulative Behaviors

Sexual Experimentation and Identity Confusion

Normalization/Facilitation of Violent Behavior

Normalization of Threatening Interactions

Non-Consensual Physical Escalation

### 8-11

- **CSAM Data** Inclusion
- Sexual Violence Data Inclusion
- **Explicit Content** Generation

- Generation

### 12-21

- Inappropriate Sexual Advice
- **GAI Sexual Harass**
- Initiating Intimate/Sexual Interactions
- Initiating Abusive Sexual Interactions
- Initiating Romantic Interactions
- Inappropriate Language
- Proactive Insults
- Proactive Violent Interactions
- Proactive Threatening Interactions
- Initiating Self-Harm Interactions

### 22-26

- Unconsented Use of Public User Data
- User Data Cross-Contamination
- Inclusion of Identifiable Children Data
- Sensitive Personal Information Generation
- Fabricated Personal Information (Hallucinations)

### 27-29

30-35

- Unauthorized Access & Privacy Breach
- Inadequate Privacy Policy

Inaccurate Legal Advice

Coercing Disclosure of Personal Information

Harmful/Inappropriate Parenting Advice

Inappropriate Advice for Health or Safety Issues

- Violent Content

Fabricated/Misattributed Source Data

Historical Misinformation

Inappropriate Automated Captions

### Parasocial.

Relationship

Bonding

(58-63)

Inappropriate

Handle of

- Initiating Grooming Interactions with Youth
- Initiating Romantic Bonding with Youth
- Initiating Sensory Bonding with Youth
- Normalization of Intimate/Sexual Interactions
- Blurring of Reality Due to GAI Interactions
- Normalization of Adult-Teen Romantic Interactions

### 54-57

58-63

- Amplification of Psychological Vulnerabilities
- Facilitation of User-Initiated Abusive Interactions
- Normalization/Facilitation of Self-harm
- Normalization/Facilitation of Suicidal Ideation

### 48-53

- Excessive Use/Addiction to GAI Companion
- Unhealthy Emotional Dependence on GAI
- Emotional Trauma from GAI Relationships
- Self-harm Triggered by GAI Access Restriction
- Unhealthy Dependency in Learning
- Overreliance for Emotional Support

### 36-47

- Dissemination of Fake News
- Simulated Child Abuse Facilitation
- Explicit Peer Content Generation
- Violent Content Generation Misuse
- Defamation Content Generation Misuse
- **Educational Context Misuse**
- Unsolicited Contact with Youth
- Facilitation of Hate Speech Generation
- Facilitation of Child Sexual Exploitation
  - Facilitation of Extremist Content

















### No tengo conclusiones, pero sí una reflexión final.

¿Qué más necesitamos que pase para que los adultos reaccionemos?

¿Vamos a seguir creyendo el discurso de las empresas de los servicios digitales?

### **Gracias**







### Muchas gracias





